



BRIDGING THE GAP

Course Title	Examination Board & Web Address				
A-Level Psychology	AQA: www.aqa.org.uk				
<p style="text-align: center;">Units/Topics Studied:</p> <p>Approaches in psychology – Biological, Behavioural, Cognitive and Psychoanalytic. Therapy, stress, personality, attribution and aggression. Obedience, conformity, preparedness, language, depth perception, mate preferences, diagnosis of mental illness, the effect of life events on health. Research methods – experiments, correlation, observation, questionnaire, interview, case study.</p>					
<p style="text-align: center;">Bridging Task</p> <p>Part one: Find the answers to the following questions</p> <ol style="list-style-type: none"> 1. When did Freud publish 'The interpretation of dreams'? 2. Find J.B.Watson's famous quote that starts "Give me twelve healthy infants" 3. What do Behaviourists mean by 'a black box theory'? 4. When did cognitive psychology get started and name two key psychologist's involved? 5. How does CBT work? 6. What is fMRI and what does it do? You might include some pictures also. <p>Part Two: Choose TWO of the following tasks to complete</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td data-bbox="148 1167 772 1668" style="width: 50%; vertical-align: top;"> <p style="text-align: center;">All in the mind</p> <p>Visit the BBC 'All in the mind' website. (https://www.bbc.co.uk/programmes/b006qxx9) Search the past episodes catalogue until you find an interesting one. Listen to the episode of your choice and write a report on one of the articles. You can add further research on the topic from other sources if you get really interested. [Just checking to see who is really keen!]</p> </td> <td data-bbox="772 1167 1422 1668" style="width: 50%; vertical-align: top;"> <p style="text-align: center;">DIY Memory experiment</p> <p>https://faculty.washington.edu/chudler/chmemory.html</p> <p>Visit the https://faculty.washington.edu/chudler/chmemory.html webpage. Scroll through the different memory experiments and find one that you would like to do. Design and carry out the experiment on friends and family.</p> <p>Write up the details of the experiment and your findings.</p> </td> </tr> <tr> <td data-bbox="148 1668 772 2067" style="width: 50%; vertical-align: top;"> <p style="text-align: center;">Psychology in the News</p> <p>Research recent news articles and select one that is based around Psychology, e.g. the development of a new drug, mental health issues, child development Summarise the news article in your own words. Explain why you chose this article, how important the story is to humans and your opinions of future implications.</p> </td> <td data-bbox="772 1668 1422 2067" style="width: 50%; vertical-align: top;"> <p style="text-align: center;">Mindfulness meditation</p> <p>Research the process of mindfulness meditation [e.g. focused thoughts, counting breath, body awareness]. Practice the principle elements for a few minutes each day for a week.</p> <p>Write a report on how it works and what you found the effects were on yourself.</p> </td> </tr> </table>		<p style="text-align: center;">All in the mind</p> <p>Visit the BBC 'All in the mind' website. (https://www.bbc.co.uk/programmes/b006qxx9) Search the past episodes catalogue until you find an interesting one. Listen to the episode of your choice and write a report on one of the articles. You can add further research on the topic from other sources if you get really interested. [Just checking to see who is really keen!]</p>	<p style="text-align: center;">DIY Memory experiment</p> <p>https://faculty.washington.edu/chudler/chmemory.html</p> <p>Visit the https://faculty.washington.edu/chudler/chmemory.html webpage. Scroll through the different memory experiments and find one that you would like to do. Design and carry out the experiment on friends and family.</p> <p>Write up the details of the experiment and your findings.</p>	<p style="text-align: center;">Psychology in the News</p> <p>Research recent news articles and select one that is based around Psychology, e.g. the development of a new drug, mental health issues, child development Summarise the news article in your own words. Explain why you chose this article, how important the story is to humans and your opinions of future implications.</p>	<p style="text-align: center;">Mindfulness meditation</p> <p>Research the process of mindfulness meditation [e.g. focused thoughts, counting breath, body awareness]. Practice the principle elements for a few minutes each day for a week.</p> <p>Write a report on how it works and what you found the effects were on yourself.</p>
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